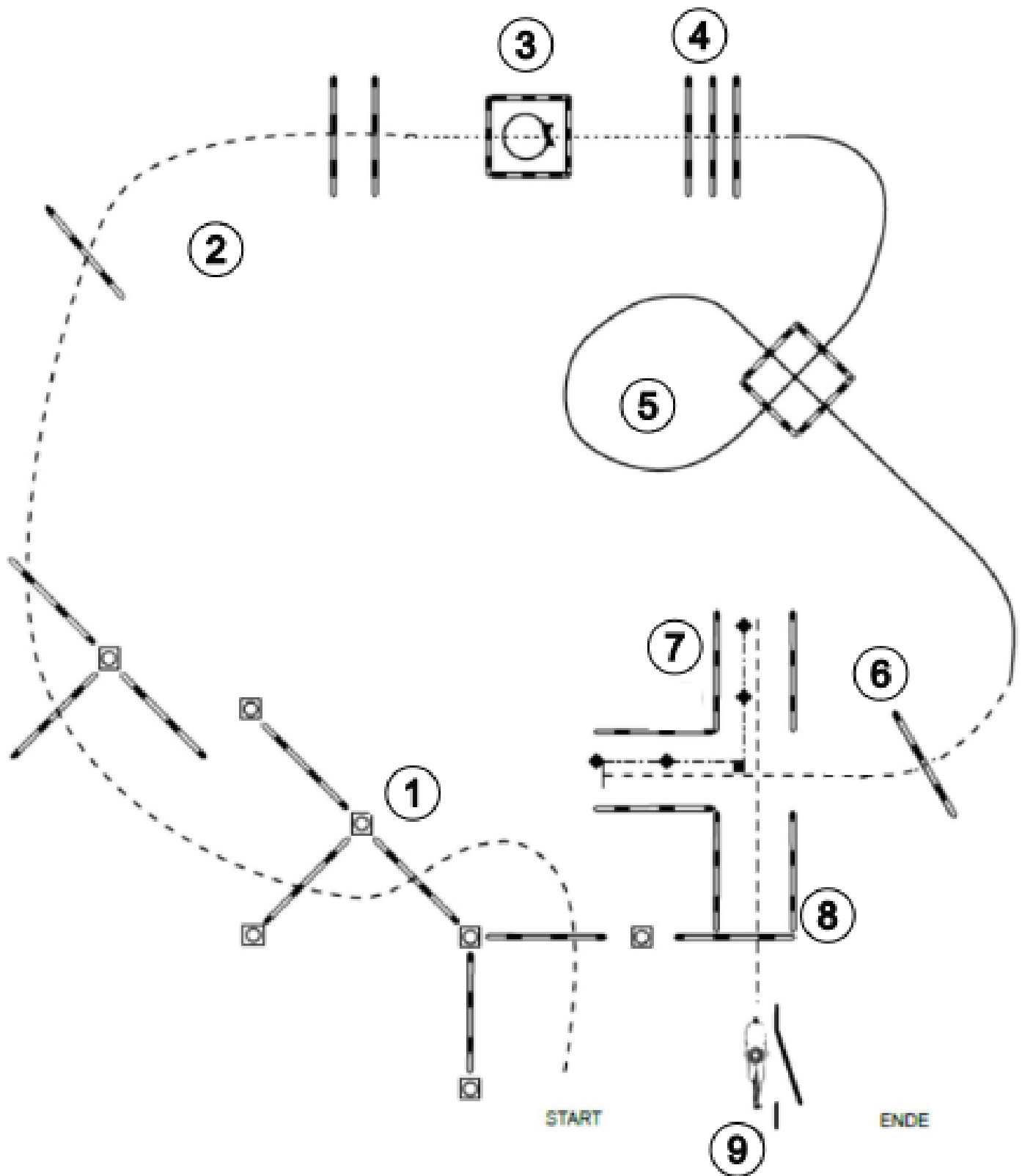


# TRAIL LK 3



- (1) Jog Slalom
- (2) Jog Over
- (3) Walk in, 360° Turn (left or right), Walk out
- (4) Walk over
- (5) Lope over
- (6) Jog over, Jog in, Stop
- (7) Back up
- (8) Jog out, Jog over
- (9) Gate, left hand